

**USATF National Club Cross Country Championships
Plantes Ferry Sports Complex -Spokane, WA 12/8/18
Results at RecordTiming.com**

FEMALE AGE GROUP: 40 - 44

1	1	Kate Landau	42	Tacoma City Running Club	21:29
2	2	Gretchen Hurlbutt	40	Boise Betties & Billies-A	22:05
3	3	Maggie Shearer	41	TeaMosqueda Elite	22:10
4	4	Kaela O'Neil	40	Boston Athletic Association	22:27
5	5	Nancy James-Klinger	41	The Janes Elite Racing-A	22:49
6	6	Meriah Earle	40	San Diego Track Club-A	22:53
7	8	Kimberly Mueller	42	San Diego Track Club-A	22:58
8	9	Marlene Farrell	43	Seattle Running Club-A	23:15
9	10	Claire Saxton	41	Wolfpack Running Club	23:18
10	11	Cambria Wu	40	The Janes Elite Racing-A	23:22
11	12	Rachel Jaten	43	Spokane Swifts-A	23:25
12	13	Heather Webster	44	Genesee Valley Harriers-A	23:27
13	14	Jenni Brown	40	Run Wild Missoula	23:44
14	15	Trisha Steidl	42	Seattle Running Club-A	23:49
15	16	Janne Heinonen	43	Team Red Lizard-A	23:52
16	17	Alanna Bernacchi	43	Phoenix Free Soles	23:59
17	19	Lisa Renteria	40	Skechers Performance / Wolfpac	24:04
18	21	Gwendolen Twist	43	The Janes Elite Racing-A	24:09
19	22	Sarah Barber	42	Boise Betties & Billies-A	24:13
20	24	Cori Stern	41	Run Wild Missoula	24:27
21	27	Liz Gottlieb	43	Impala Racing Team-A	24:34
22	36	Danielle Henty	40	Club Northwest-A	25:02
23	37	Andi Camp	44	Team Red Lizard-A	25:07
24	41	Maureen Bookwalter	43	Run Wild Missoula	25:15
25	45	Martha Amrine	42	Run Wild Missoula	25:26
26	50	Jennifer Williams	41	San Diego Track Club-A	25:33
27	58	Elizabeth Anderson	42	Boise Betties & Billies-B	26:08
28	60	Laura Meadors	41	Impala Racing Team-A	26:13
29	78	Andie Roff	40	Club Northwest-A	26:55

30	87	Christina Nelson	42	Team Red Lizard-A	27:25
31	90	Cynthia Slinsky	40	San Diego Track Club-A	27:28
32	93	Jennifer Westra	41	Spokane Swifts-B	27:46
33	99	Vanessa Lordi	41	Strawberry Canyon Track Club	28:11
34	104	Susan Shirzad	40	Spokane Swifts-A	28:26
35	126	Amanda Lozano	41	Seattle Running Club-A	30:27
36	155	Iwona Boruch	44	Greater Springfield Harriers,	52:44

FEMALE AGE GROUP: 45 - 49

1	7	Grace Padilla	47	The Janes Elite Racing-A	22:56
2	18	Nancy Thomas	49	Impala Racing Team-A	24:01
3	25	Nancy Kaiser	48	Bull City Track Club-A	24:27
4	29	Valerie Miller	48	San Diego Track Club-A	24:41
5	30	Jennifer Fedorov	47	Team Red Lizard-A	24:43
6	31	Alexandra Bigelow	45	Bull City Track Club-A	24:57
7	34	Keysha Stutz	49	Boise Betties & Billies-A	25:00
8	38	Jodi Suter	46	Spokane Swifts-A	25:09
9	39	Lyda Cruden	46	Bull City Track Club-A	25:09
10	51	Alexandra Newman	46	Impala Racing Team-A	25:38
11	52	Linda Huyck	46	Club Northwest-A	25:44
12	53	Murphee Hayes	45	Genesee Valley Harriers-A	25:47
13	55	Heather LeFrieck	46	Spokane Swifts-A	25:52
14	57	Angela Lindbo	48	Team Red Lizard-A	26:06
15	61	Jenniffer Patenge	45	Unattached-W5	26:18
16	63	Tatiana Salazar	49	Guerilla Running	26:19
17	66	Sarah Ranson	46	Spokane Swifts-A	26:28
18	69	Heidi Bresson	46	Spokane Swifts-B	26:35
19	74	Deborah Fletcher	48	Club Northwest-A	26:40
20	77	Melissa Senall	46	Genesee Valley Harriers-A	26:54
21	86	Chris Gentile	48	The Janes Elite Racing-A	27:21
22	92	Kerry Parker	45	Spokane Swifts-C	27:39
23	95	Jennifer Rozler	48	Seattle Running Club-A	27:51
24	96	Phaedra Branom	45	Spokane Swifts-B	28:02
25	100	Lora Jackson	47	Spokane Swifts-B	28:15
26	106	Michelle Nahom	49	Greater Springfield Harriers,	28:30
27	117	Laura Ketcham-Duchow	47	Spokane Swifts-B	29:15
28	125	Michelle Holmes	48	Impala Racing Team-A	30:08

FEMALE AGE GROUP: 50 - 54

1	20	Kirsten Leetch	52	The Janes Elite Racing-A	24:07
2	23	Tania Fischer	52	The Janes Elite Racing-A	24:21
3	28	Shannon Teslow	54	The Janes Elite Racing-A	24:36

4	32	Beverley Anderson-Abbs	54	Buffalo Chips Running Club-A	24:58
5	35	Valerie Banks	50	Team Red Lizard-A	25:02
6	42	Christine Olen	50	HOKA Aggie Running Club-	25:15
7	43	Laura Stuart	53	San Diego Track Club-A	25:19
8	44	Susan Pappalardo	52	Club Northwest-A	25:23
9	47	Liisa Miller	53	Santa Cruz Track Club	25:29
10	49	Jill Pettibone	51	Team Red Lizard-A	25:33
11	59	Kathleen Cushing-murray	53	The Janes Elite Racing-A	26:13
12	67	Tracy Wright	50	San Diego Track Club-A	26:32
13	68	Mary Lynch	52	The Janes Elite Racing-A	26:32
14	72	Mary Shah	50	Atlanta Track Club-A	26:38
15	73	Maureen Bischoff	52	Genesee Valley Harriers-A	26:39
16	76	Kris Huff	54	Atlanta Track Club-A	26:46
17	83	Janicka Umile	50	Mountain West Track Club-A	27:11
18	84	Angela Longworth	51	Impala Racing Team-A	27:18
19	85	Danette Bloomer	51	Oregon Track Club-A	27:19
20	88	Jennifer Brennan	51	Oregon Track Club-A	27:27
21	89	Roseann Parry	52	San Diego Track Club-A	27:28
22	94	Jackie Allen	53	Spokane Swifts	27:48
23	103	Jeanine Holmlund	54	Lake Merritt Joggers and Strid	28:25
24	108	Jill Lohmeier	51	Greater Lowell Road Runners	28:47
25	110	Livia Peras	52	Buffalo Chips Running Club-A	28:51
26	112	Sinead Thornton	54	San Diego Track Club-A	28:57
27	128	Heather Silverman	52	Boise Betties & Billies-B	30:39
28	136	Jodi Bragassa	50	Boise Betties & Billies-B	31:34
29	137	Lauriea Blume-Michels	52	Guerilla Running	31:52
30	141	Stephanie Kuest	54	Spokane Swifts-A	32:29

FEMALE AGE GROUP: 55 - 59

1	26	Patricia Bellan	55	HOKA Aggie Running Club-A	24:27
2	33	Carmen Ayala-Troncoso	59	Unattached-W1	25:00
3	40	Susan Hay	55	Team Red Lizard-A	25:13
4	46	Katherine MacTavish	55	Team Red Lizard-A	25:27
5	54	Eileen Brennan-Erler	57	Impala Racing Team-A	25:48
6	56	Kristen Mossman	55	Club Northwest-A	25:53
7	62	Mary Swan	57	Athena Track Club	26:19
8	71	Gail Hall	59	Club Northwest-A	26:36
9	75	Suzanne Cordes	59	Impala Racing Team-A	26:42
10	79	Genevieve Clavier	55	Buffalo Chips Running Club-A	26:58
11	80	Jackie Sword-Olson	55	Buffalo Chips Running Club-A	27:01
12	82	Trisha Kluge	59	Oregon Track Club-A	27:05
13	91	Robyn Schmidt	58	HOKA Aggie Running Club-A	27:30
14	98	Nancy Wilkins-Diehr	56	San Diego Track Club-B	28:04

15	101	Charlene Fox	55	Oregon Track Club-A	28:16
16	102	Mireille Silva	59	Atlanta Track Club-A	28:24
17	105	Michelle Neal	57	Club Northwest-A	28:30
18	107	Colleen Magnussen	58	Genesee Valley Harriers-A	28:35
19	109	Sandra Gregorich	56	Genesee Valley Harriers-A	28:48
20	114	Jacqueline Van Allen-NC	55	Spokane Swifts-A	29:02
21	115	Debbie Zakerski	56	Buffalo Chips Running Club-A	29:11
22	116	Kelly Kruell	59	Club Northwest-A	29:12
23	118	Annie Herrin	56	San Diego Track Club-A	29:22
24	123	Amanda King	57	Liberty Athletic Club-A	29:54
25	127	Robin Tanner	57	Atlanta Track Club-A	30:36
26	134	Shahdokht Reeder	56	Liberty Athletic Club-A	31:24
27	140	Gail Geiger	55	Genesee Valley Harriers-A	32:12

FEMALE AGE GROUP: 60 - 64

1	48	Jennifer Teppo	60	Team Red Lizard-A	25:32
2	64	Sara Freitas	60	Impala Racing Team-A	26:20
3	65	Regina Joyce	61	Club Northwest-A	26:21
4	70	Joannie Siegler	61	Golden Valley Harriers	26:35
5	81	Liane Pancoast	60	Greater Lowell Road Runners	27:02
6	97	Mo Bartley	63	Impala Racing Team-A	28:04
7	111	Betsy Miller	60	Team Red Lizard-A	28:54
8	119	Linda Powers	61	San Diego Track Club-A	29:23
9	120	Joanna Harper	61	Team Red Lizard-A	29:33
10	121	Rosemarie MacGuinness	61	Impala Racing Team-A	29:46
11	122	Marion Hayes-NC	62	Santa Cruz Track Club	29:49
12	124	Cynthia Williams	62	Atlanta Track Club-A	29:55
13	129	Mary Ryzner	64	San Diego Track Club-A	30:50
14	131	Susan Stirrat	63	Shore Athletic Club	31:04
15	135	Margaret Taylor	63	Atlanta Track Club-A	31:31
16	138	Tina Breen	62	San Diego Track Club-A	31:55
17	139	Deborah Shea	64	San Diego Track Club-A	31:57
18	142	Drusilla Pratt-Otto	60	Liberty Athletic Club-A	32:50
19	143	Elizabeth Unislawski	63	Atlanta Track Club-A	32:51
20	145	Cynthia Hastings	61	Greater Boston Track Club	33:15
21	147	Marian Schmidt	63	San Diego Track Club-B	34:28

FEMALE AGE GROUP: 65 - 69

1	113	Jeanette Groesz	69	Team Red Lizard-A	29:00
2	130	Ernestina Martin	65	San Diego Track Club-A	30:52
3	132	Donna Chan	67	Impala Racing Team-A	31:06
4	133	Cynthia Lucking	65	Atlanta Track Club-A	31:20

5	144	Kathleen Allen	69	Atlanta Track Club-A	33:10
6	146	Willie Mundt	69	San Diego Track Club-B	33:23
7	148	Myrtle Spowart	65	San Diego Track Club-B	37:32

FEMALE AGE GROUP: 70 - 74

1	149	Carolyn Mather	70	Atlanta Track Club-A	38:21
2	150	Judy Schickler	73	San Diego Track Club-A	39:14
3	151	Manya Hult	73	San Diego Track Club-A	39:19
4	152	Dianne Anderson	72	Impala Racing Team-A	42:34
5	153	Carol Rhodes	70	Atlanta Track Club-A	43:36
6	157	Nancy Morris	72	San Diego Track Club-A	56:26

FEMALE AGE GROUP: 75 - 79

1	154	Catherine Radle	75	Atlanta Track Club-A	44:42
2	156	Virginia Lopez	78	San Diego Track Club-A	53:13

FEMALE AGE GROUP: 80 - 99